

Resources Available in Augusta, Maine

June 2024

Prepared Meals

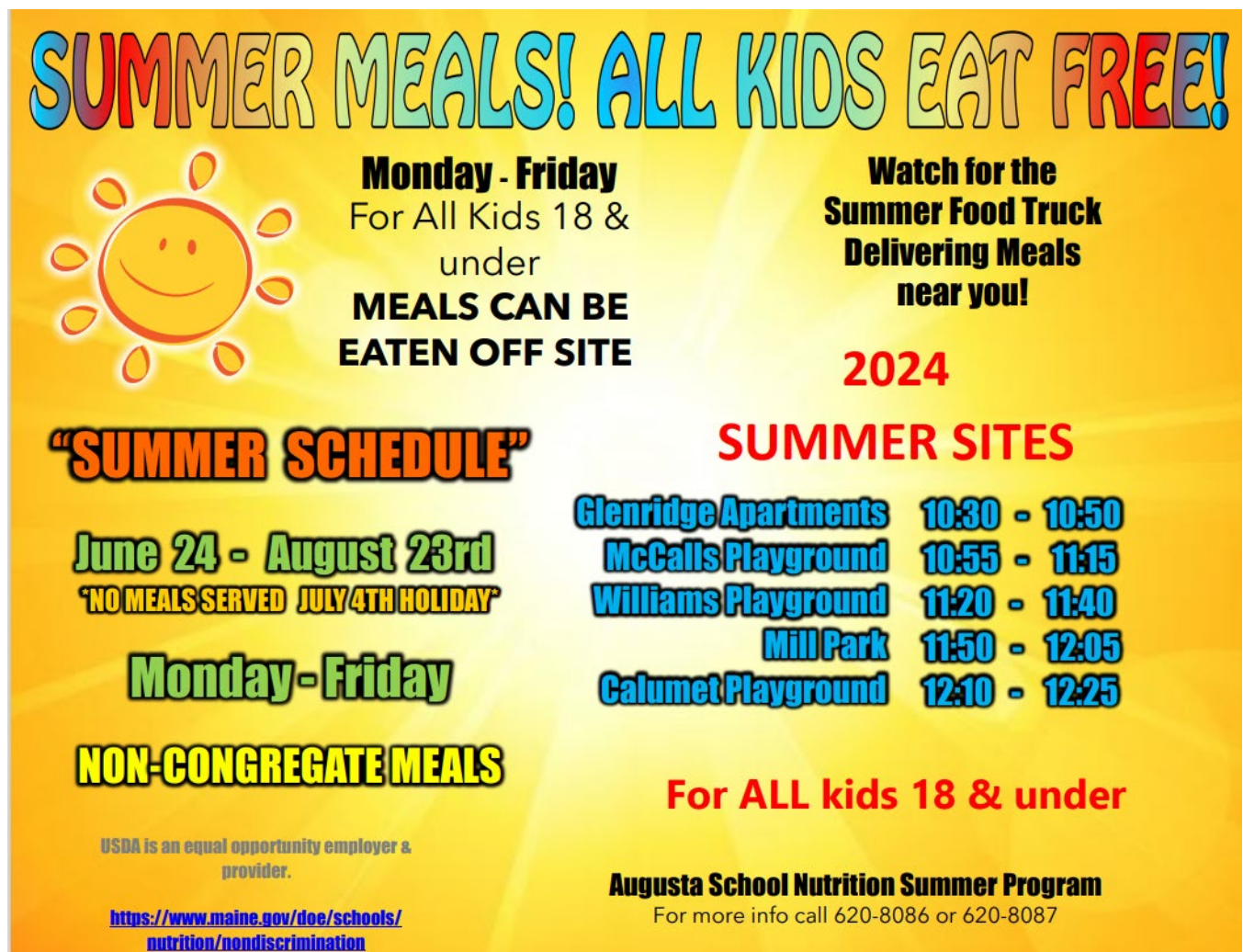
Bread of Life Soup Kitchen (157 Water St) Monday through Friday 11:00 AM to 12:30 PM

Unitarian Universalist Church of Augusta Saturday Breakfasts (7:00 AM to 9:00 AM) (69 Winthrop St. Augusta - Enter through Summer St. door.) Dine-In. *(Sponsored by UUCC, with assistance from St Michael's Catholic Parish, Temple Beth El and Vassalboro Quaker Meeting.)*


Angel Food Saturday Suppers South Parish Congregational Church (9 Church St, Augusta on 1st, 2nd, 3rd and 5th Saturdays) Penney Memorial Baptist Church (393 Water St, Augusta on 4th Saturday) 4:30 PM to 5:30 PM each week; carry-out only. *(Sponsored by Augusta churches and civic organizations)*



Summer Food Programs for Children



SUMMER MEALS! ALL KIDS EAT FREE!

 **Monday - Friday**
For All Kids 18 & under
MEALS CAN BE EATEN OFF SITE

Watch for the Summer Food Truck Delivering Meals near you!

2024

"SUMMER SCHEDULE"

June 24 - August 23rd
NO MEALS SERVED JULY 4TH HOLIDAY

Monday - Friday

NON-CONGREGATE MEALS

SUMMER SITES

| | |
|-----------------------------|----------------------|
| Glenridge Apartments | 10:30 - 10:50 |
| McCalls Playground | 10:55 - 11:15 |
| Williams Playground | 11:20 - 11:40 |
| Mill Park | 11:50 - 12:05 |
| Calumet Playground | 12:10 - 12:25 |

For ALL kids 18 & under

USDA is an equal opportunity employer a provider.

<https://www.maine.gov/doe/schools/nutrition/nondiscrimination>

Augusta School Nutrition Summer Program
For more info call 620-8086 or 620-8087

Food, Clothing and Hygiene

Augusta Food Bank – serving residents of Augusta and Manchester – By Appointment Monday through Wednesday, registration required, call 207-622-5225. Free food Thursdays (no residency or income restrictions, 8:30 AM until 10:30 AM (or until food runs out.) 161 Mount Vernon Ave. Augusta. See <https://www.augustafoodbank.org/> for more details and online registration form.

Bridging the Gap – (209 Eastern Avenue, Augusta, inside Emmanuel Lutheran Episcopal Church) Addie’s Attic Clothing Bank and Basic Essentials Hygiene Pantry open Tuesdays and Thursdays from 10 AM until 2 PM. Also offers help connecting with other resources, call for appointment 207-430-1084.

Green Street United Methodist Church Upper Room Clothes Closet (13 Green St. Augusta) Open Tuesdays and Thursdays 10 AM – 2 PM. Offering clothing of all kinds for all ages and most sizes; also has accessories like shoes, socks and belts. Everything \$5 or less. They also have a table of free merchandise that changes regularly.

Our Unhoused Response System (OURS) – unhoused residents of the community needing help with the challenges of daily living, can send an email to oursinmaine@gmail.com stating their need. A network of more than 100 will attempt to help.



Pet Pantry

Amy Buxton Pet Pantry - provides temporary assistance of pet food to families suffering financial hardships, low income seniors, disabled and homeless individuals. 2nd Saturday of every month 9 AM to 10 AM at South Parish Congregational Church; 9 Church St., Augusta (use door on Bridge St. Please register pets to receive food in advance. Call 207-622-0552 for details.



General Assistance

The City of Augusta Bureau of Health and Welfare provides essential and immediate assistance, through its General Assistance Program, to citizens in need of food, fuel, shelter, and medical attention. Assistance may be requested 24 hours a day and 7 days a week and must be provided within 24 hours of determined eligibility. Referrals for other assistance are also made to other social and medical service agencies when appropriate. If assistance is needed outside of normal operating hours (e.g. after hours, weekends, or holidays) and eligible for emergency assistance, please contact 211 or the Augusta Police Department at 207-626-2370.

Contact: City Center Plaza; 16 Cony Street, Augusta; Phone: (207) 626-2325
Normal Business Hours: Monday through Friday from 8:00AM to 12:00PM & 1:00PM to 2:00PM.



Housing Assistance

Shelters and Warming Spaces

Bread of Life – (155 Hospital St. Augusta) 40-bed individual and family shelter (high-barrier); 14-bed veterans' shelter. Call 207- 626-3479 to complete pre-intake.

Family Violence Project - provides temporary emergency housing for people fleeing domestic abuse or who are homeless because of an abusive domestic partner. If you feel unsafe in your home, please [contact](#) FVP's helpline at 877-890-7788.

New Directions – shelter for unhoused youth in Lewiston, Maine. Call 207-474-7463.

The LINC Center – (39 Memorial Drive, corner of Gage St. and the Memorial Bridge) is a place for people, 18 and older, who live with mental health, substance misuse and/ or any life challenges to become empowered, make contributions, be creative and learn to be the healthiest version of themselves. The LINC Center's intention is to offer a welcoming space! No referral, no need to sign up for anything- just walk through the doors, you'll be greeted with a smile, and a hot cup of coffee.

Rental vouchers: Augusta Housing 207- 626-2359

Online subsidized housing search: <https://www.mainehousingsearch.org/>

Furniture and small home appliances:

Project Fresh Start: contact via email only: FreshStart352@gmail.com

Shirley's Barn, call 207-622-5172 for details, availability, and appointment.

Fuel/Energy Assistance: KVCAP: call 207-859-1500 See <https://www.kvcap.org/for-the-home/energy-housing-services-overview/heating-assistance/> for additional information and income thresholds.



Health Care

Maine General Express Care – (15 Enterprise Drive, Augusta; 207-621-8880) Hours: Monday through Friday 8 AM – 7:30 PM; Saturday and Sunday 8 AM – 5 PM.



Mental Health/Substance Abuse

Augusta Project Recovery: A free service connecting individuals with a substance use disorder (SUD) with treatment and the resources essential to recovery. We support individuals, family, friends and community affected by a substance use disorder. Call: 207-830-0570 or email: dripley@kbhmaine.org

Call 988 for National Suicide and Mental Health Crisis Hotline; available 24/7.

Maine Crisis Hotline – call 1-888-568-1112, trained counselors available 24/7.

For Narcan training and free Narcan spray, call Maine Recovery Advocacy Project (ME-RAP) - call (207) 593-6251

Child Protective Services – If you are concerned about child neglect or abuse, you may call 1-800-452-1999 anonymously.

Maine General Hospital Addiction Medicine Department – call 207-621-3759

AA Meetings

South Parish Congregation Church (9 Church St., Augusta) **Monday through Friday** 7:15 AM and Noon (Friday Noon is a men's meeting – all others are co-ed and open to all.) Additional meeting **Mondays** at 7:00 PM.

St. Monica's Hall (5 Kendall St., Augusta) Lotus Group – Women Only; **Wednesdays** at 1:00 PM

Unitarian Universalist Church (69 Winthrop St., Augusta) **Fridays** at 6:00 PM

Penney Memorial Baptist Church (393 Water St., Augusta) **Saturdays** at 10:00 AM

Green Street United Methodist Church (13 Green St., Augusta) **Saturdays** at 7:00 PM

Riverview Psychiatric Center (250 Arsenal St, Augusta) **Sundays** at 9:30 AM

NA Meetings

Augusta Recovery Reentry Center - ARRC, (2 Bangor Street, 2nd Floor, Augusta) **Fridays** at 7:30 PM



Transportation

KV CAP Transit – operates on-demand reservation based transit within central Augusta. Reservations can be made by calling 207-859-8500, and must be made 24-hours in advance. Fare is \$5.00 within Augusta (\$3.00 discounted fares for under 18, over 65, Medicare holders, and veterans.)



Laundromats

Maxim Laundromat (110 Western Avenue - near the Shaw's Supermarket) Hours: Monday – Friday 7 AM – 3 PM; Saturday and Sunday 7 AM – 1 PM)

Garden Island/Bangor Street Laundromat (26 Bangor St. – near the McDonalds) Hours: Daily 5:30 AM – 9 PM.



Storage Units

U-Haul is the closest to downtown Augusta – (47 Western Ave, Augusta; 207-622-4797; small units from \$95/month.

Kennebec Storage (600 West River Rd. Augusta; <https://www.kennebecstorage.com/pages/rent>) Small unit: \$59/month; 20% first month discount available.)